

# Plan to Plug Spending Leaks for each member of the household

**A habit I want to change is:** \_\_\_\_\_.

**I am most tempted to spend this money when:**

- 1.
- 2.
- 3.

**Ways I can keep from spending this money include:**

- 1.
- 2.
- 3.

**Barriers (people, places, or things) that will make it difficult to change this habit are:**

- 1.
- 2.
- 3.

**I can overcome these barriers by:**

- 1.
- 2.
- 3.

**Things that worked:**

Week 1:

Week 2:

Week 3:

Week 4:

**Things I will try next time ...**

Week 1:

Week 2:

Week 3:

Week 4:

**How I did and money I saved:**

- 1.
- 2.
- 3.