

Cooperative Extension Service

Living Well with Inflation Webinar Series

When: Thursdays, October 6, 13, 20, 27
9:00-10:00am

Register at: <https://bit.ly/EFCS-InflationSeries>

Are you wondering what causes inflation and how to live well despite the challenges increasing costs present in our daily lives? The goal of this series is to provide practical strategies to manage the numerous impacts of inflation and leverage them towards positive growth in our lives.

October 6: What is inflation? Building Resilience to Thrive and Grow in Inflationary Times.

October 13: Discovering Spending Leaks and Ways to Stop Them.

October 20: Saving on Household Expenses and Managing Debt.

October 27: Managing Investment Strategies for inflationary times. Creating Positive Family Time.



This webinar series will provide strategies to manage the impacts of inflation on our lives.

For Questions Contact:

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BE BOLD. Shape the Future.
**College of Agricultural, Consumer
and Environmental Sciences**

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Dianne Christensen in advance at (505) 243-1386 or dianneec@nmsu.edu

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